

COME JOIN YOGA
ON THE BIMH COURTYARD!

INHALE EXHALE

STEP AWAY FROM THE STRESS

ALL LEVELS WELCOME
BIMH COURTYARD
BRING A MAT AND A FRIEND

TUESDAYS, 12-1250PM
STARTING AUGUST 7

QUESTIONS? MREA@UCDAVIS.EDU

UCDAVIS
SCHOOL OF MEDICINE

UCDAVIS
BETTY IRENE MOORE
SCHOOL OF NURSING